



# KAIROS ANNUAL REPORT

2022-2023

---

## **ABOUT KAIROS**

**Kannur Association for Integrated Rural Organization and Support (KAIROS)** was formed and registered under Charitable Societies Registration Act in 1999. This is the official social development organ of the Diocese of Kannur (The Diocese was formed on 1998 bifurcating the Diocese of Calicut consisting of the most backward northern Districts of the state – Kannur & Kasargod) for the Socio-Economic Development of the poor and marginalized. KAIROS is a non-profit non-government organization functioning for the development of rural women, senior citizen, widows in 65 villages of the operational Districts. KAIROS is equipped with professional and skillful staff members with adequate qualification and specific in-house training and are committed to the cause of the poor and marginalized, especially women. Our technical include a project officer, a General coordinator Four Regional Coordinators and 65 Village Coordinators. Besides, there is a squad of administrative staff to carry out the daily business of the office.

KAIROS is entrusted with the already existing People's Organizations – the Women's Organizations and Credit Unions – formed and facilitated by the undivided Diocese of Calicut. Later, KAIROS transformed these People's Organizations into SHGs, and clustering the SHGs, Village Development Committees (VDCs) were formed. The women SHGs were bestowed with material and monetary resources. The organization is running successfully to continue its mission and its supporting role despite the withering resources. Rather than merely fulfilling the ever increasing needs of its target community, KAIROS has now shifted its focus on self sufficiency through entrepreneurship and empowerment. We are mobilizing funds through KSBCDC for facilitating the needs of our focused community. We have also made significant interventions in the planning and implementation of various projects in the development sector. KAIROS offers several consultation services and has become a part in conducting different assessments and studies for different government agencies. In the recent scenario of increased natural calamities and disaster proneness, we have begun to make interventions in the areas for disaster preparedness and mitigation trainings and activities to create a resilient community. At present, the operational area of KAIROS is divided into six regions consisting of 450 SHGs (Both men and women), 96 Kolping Units and 40 children's groups (Balavedhis). All these Community based organizations cover a total of 28806 partner families.

**VISION:** Create a society of justice and peace based on true human values.

**MISSION:** The mission internalized by KAIROS is capacitating the people in all aspects to generate and carryout development at their own level in a participatory and sustainable manner.

**APPROACH:** KAIROS follows a participatory Action- Reflection – Action approach in all our intervention areas, in which all the actors of development have their own specific roles and responsibilities to perform.

### **OBJECTIVES**

- Promotion of sustainable people's movement.
- Strengthening decentralization and participatory process.
- Generating gender perspective in development initiatives.
- Promotion of eco friendly initiatives in health.
- Promotion of Entrepreneurial culture.

### **SECTORS OF INTERVENTION**

- Micro finance operation
- Environment
- Watershed management
- Gender development
- Health, water and Sanitation
- Capacity building
- HIV/AIDS care and support
- Family assistance programs
- Education and development
- Rural entrepreneurship development
- Development of weaker sections
- Panchayati Raj and Decentralization
- Agriculture Development
- Insurance policies.
- Organizing unorganized workers.
- Swavalamban (KLM suraksha ).
- Social Impact Assessment Study.

### **KAIROS NETWORK**

- State level executive committee member of the Natural Resource Management and environment council for sustainable development, a network of NGOs, Government departments and other institutions initiated by centre for Gandhian Studies, University of Kerala.
- Member in NRHM Committee in Kannur District
- Member in the District RCH Committee

- Member in the District Surveillance committee
- NGO representative in District Development Council, Kannur district.
- Convener for NGO forum in Kannur district, this is implementing literacy program.
- Member of District level coordination committee for managing Western Ghats Watershed Development Program
- Representative in the planning of Tribal Sub plan Projects in Kannur District.
- Member in working group for social welfare in Kannur District.
- NGO member in the district level review committee on banking program.
- Member in ADHWANA (A state level network of the NGOs undertaking functional vocational training programs.)
- KAIROS is part of Malabar NGO (MANGO) network and with Kerala Social Service Forum.
- Intervention in Health Promotion programs like HIV, RCH, Asakiranam, Akshaya (TB Awareness)
- Member Inter Agency Group- Kannur

## **RECOGNITION**

- Accredited as Track-A NGO by CAPART, Govt. of India, and Govt. of Kerala for implementation of watershed development programs.
- Selected as Mother NGO by Govt. of India for implementing Reproductive and Child Health (RCH) in Kannur and Kasargod Districts.
- Accredited as State Level NGO to undertake projects for sanitation and environmental hygiene in association with Local Self Govt. Institutions, under Clean Kerala Mission, Govt. of Kerala, and accreditation for availing Micro Finance from Govt. for IGP.
- Member of District Level CO-ordination Committee (DLCC) for Kannur and Kasargod districts chaired by the respective District Collectors.

- Member of District level Disease surveillance committee for Kannur District under Health Department.
- Member of District RCH Committees of Kannur and Kasaragod chaired by the concerned District Collectors.
- Member of the District level Land Acquisition (LA) committee
- Accredited Agency for conducting Social Impact Assessment studies for all development projects by Govt. of Kerala

### **1. FAMILY DEVELOPMENT PROGRAM (FDP)**



Save A Family Plan (SAFP) is an outstanding Family Development Program in the development intervention of KAIROS. With the support of SAFP KAIROS has rendered support to about 875 families and at present we have 273 families under the Save a Family Plan Program. The ultimate goal of this project is to establish ways of sustenance to the families of widows, downtrodden, helpless, and economically backward. The program focuses on creating a systematized process of capacity development that will equip the targeted families and the communities to address their relevant and basic needs. An amount of Rs. 900 per month is allocated to each family. It enables the family for poverty alleviation and to sustain and maintain their livelihood initiatives.

The Other components are EDP training, timely monitoring meetings with beneficiaries, house visits to monitor the IGPs and regional gatherings and awareness classes in various subjects. 199 families have health insurance in government and private sector.

Save A Family Plan (SAFP) is a non- governmental and voluntary development organization with a vision of 'Partnering with the poor for a just a world'. The inspiration and charisma of SAFP's founder, Msgr. Augustine Kandathil, has become the corner stone of SAFP through which thousands of families are being assisted to come out of poverty. SAFP has maintained strong donor base supporters, a consistent network of thousands of volunteers, development organizations, developmental & technical professionals and thousands of grassroots level people's organizations actively involved in the development process.

### **Activities carried out in a year**

#### **1.a. Monitoring & Evaluation Visit of Activities 2022-23**

Monitoring visits provide an opportunity to assess how well the activities are implemented in the field by the Partner Families. These visits ensure that the activities carried out by partner families meet the established quality standards. It allows for identifying areas where improvements or alternative provisions may be necessary to enhance the overall quality of the program. Cluster meetings will be conducted prior to the Monitoring visits.

#### **1.b. Preparation of Activity Plan**

Family Level Yearly Planning will be based on the six year plan which helps the partner families to understand their needs and available resources. A systematic planning will motivate the family to utilize the fund more effectively to bring up their socio-economic development.

#### **1.c. Activity Plan Fund Transfer Request**

Performing the 'Request Annual Activity Plan Funds Transfer' action in DDMS: Once the Activity Plan is verified in DDMS by the Program Officer, the field coordinator will generate the "Fund Withdrawal Application" from the "Action" DDMS.

#### **1.d. Submission of Completion Reports in DDMS**

The Funds Transferred Completion Report is the most prominent supporting document for ensuring the correct use of the funds given to the partner families. It is the responsibility of the Field Coordinator to ensure that the funds are utilized by the families for the planned activity within 30 days of fund transfer from Save A Family Plan India (SAFPI). The field coordinator has to make sure that, the activity

is completed as planned, and collect necessary documents. The completion report has to be prepared in the prescribed format and upload in DDMS.

### **1.e. Six-Year Planning for the Newly Active Families (within 60 days of activation)**

Six-year planning is the long-term planning for the entire program period of the Family Development program [6 years]. This planning helps the partner family to overcome the challenges mentioned in the new family application through the proper utilization of local resources and enables overall progress and well-being for the family. A systematic planning process will motivate the partner family and ensure active participation in the entire program period.

### **1.f.Planning & Reporting**

The Planning and Reporting process is vital to ensure the Family Development Program's activities are completed on time and to a high standard. Effective planning allows program staff to anticipate and allocate adequate time for each activity, leading to improved program quality and work output. Reports are a crucial tool for monitoring the progress of the Family Development Program and ensuring the timely completion of activities. By implementing clear and concise planning and reporting procedures, the program can achieve its objectives efficiently and effectively.

## **2. CAPACITY BUILDING PROGRAM**

### **2.a. Entrepreneurship Development Program (EDP)**

This initiative will empower and support individuals and families who are stepping into the Family Development Program. This program aims to equip participants with the necessary skills, knowledge, and resources to successfully navigate the challenges of starting and managing their own Small Business Initiatives.

Total amount transferred : Rs. 29,16,337 in 138 families. They started small income generation programs such as Small business initiative : 77, Livestock farming : 52, Education : 20, Medical treatment : 7, Infrastructure Development : 68

## *Success story*

Ajeesh and his family lives in a hilly area of Kannur district. He is a hotel labourer



working in the nearby town. He is the only earning member of the family. His wife Soniya is a cancer patient under treatment of Regional Cancer Center, Trivandrum. She has undergone surgery and is unable to do any hard work. So he spent most of his money to get better treatment for his wife.

### **2.b.The development achieved through FDP**

Ajeesh has previous experience in working in a hotel. During the Covid-19 pandemic he lost his job. His previous experience helps him to implement grocery store using the support from

Family Development Program. With the help of CRP II Project Ajeesh planned to renovate this initiative. For that Ajeesh went to the owner for renewing the contract. At that time owner of the building ask him to vacate the rent. So he found a new building and restarts the initiative in a different building nearby his house itself. Then everything was done timely. He is selling grocery items, stationary, cool drinks etc. in grocery store. Restaurant has tea, snacks, lunch some special items etc. Locality is highly demanding the grocery store and restaurant. Because there is no other stores within 10 km distance.

He could increase his monthly income by engaging in this initiative. Before implementing CRP he gets Rs. 1000 per day from his grocery store and monthly Rs. 26000. He purchasing items around Rs. 15000 per month and building rent of Rs. 2000. Overall he is having Rs. 9000 in hand and from that money he is fulfilling medical treatment of his wife and educational expenses of children. After CRP his daily income increased up to Rs. 1500 to Rs. 2500 from grocery shop as well as from restaurant. So it is very profitable for him.



## 2. c. Role of Field coordinator in shaping the family

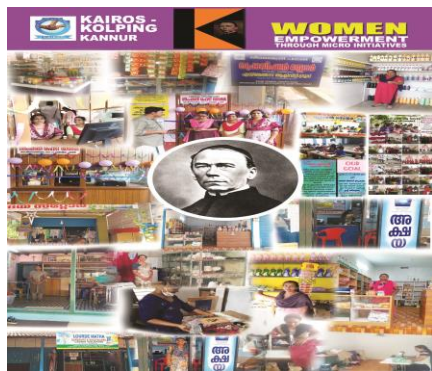
Being told to vacate the rented building during the implementation of Covid Rehabilitation Project Phase II was the biggest challenge for Ajeesh and the time when he did not know how to overcome that crisis, because he only getting the income from that shop. During this time I was able to support him as a field coordinator and motivate him to find another building. As a result, he found a building within the deadline and successfully completed the project.

## 2. d. The current situation of the family

A change due to the Family Development Program is highly appreciable. He is now able to offer a job to one more person and giving him Rs. 300 per day. Ajeesh is very happy that he got selected in this program and implemented it successfully. He is very grateful to the entire team.

## 3.KOLPING PROGRAM

The objective of the Kolping programs is to apply and promote, through each single members and through the appropriate groups of members, the catholic social doctrine for the promotion of the common good and the renewal and humanizing of society and to develop and train members in different apprentices and profusions in order to increase their productivity as a means to become self-reliant. The year of 2022-23- 92 Kolping group and total number comes to 1266. The membership provides in other religious also and conducted different type of training to members for their personal development



### 3.a.Livelihood programmes

During this period, we have provided assistance to 11 members to start small self-



employment schemes under IIGP and CIGP programs of Kolping India.

The Ephatha Kolping Group Neruvambram started the Readymade and Tailoring shop at Neruvambram Town. We provided 2 lakhs rupees for nominal interest and arranged rest of the amount from the SHG and other government approved financial institutions for a nominal interest rate .Total cost of the programme is 5 lakhs. We also provided 14 milch cow units to different areas. Shops and Milch cow units are flourishing and earning additional income. This activity enhanced their quality of life.

### **3.b.Housing and sanitation programmes**

The Constriction for house is the one of the major dream for our people, most of them are poor and marginalized people .The cost of the construction is very high and they need support from others .Kolping India supported in building three houses and 15 sanitation units for our members . They completed their work in a stipulated time and fulfilled their dreams.



### **3.c. Vocational Training support**

For this period Kolping supported 10 students for Vocational Studies .The duration of the study in 6 to 12 months .Most of the students completed their studies and are waiting for the right placement.

## **4. CAPACITY BUILDING PROGRAM**

We have to provide different type of training for the Kolping members to enhance their capability and manage their issues. The training was conducted in different subjects and different areas. The training's are below :

### **4.a. Public Awareness Program in Selected Villages**



Public awareness programmes, as part of the BMZ project were constructed in several villages in Kolping regions. 17 Kolping groups were selected. 246 people gained awareness from the programs. Water pollution, waste disposal, open air deficiency and urinating, conventional farming, deforestation were the topics covered. As part of the Jala Jeevan project KAIROS installed water pipe connections to the houses of all KOLPING members in Mattool Grama Panchayath. Thus their health and standard of living improved.

Relating to waste disposal, separation of different types of wastes was introduced. Plastic and other wastes are being handed over to “Haritha Karma sena “and being disposed of correctly. In some places people are still defecating and urinating in the open. To stop this, 15 toilets, 7 by Kolping and the remaining with Panchayath assistance were constructed in 3 Panchayaths. Seeds were distributed to encourage conventional farming. Subsidies were given for purchase of organic manure. Vegetables saplings and seeds were distributed to encourage farming.

#### **4.b.Ecological Promotion Activities**

The Ecological promotion activities done by Kolping targeted community members in the selected area. We collaborated with Panchayath and other related government institutes. They provided Plants, seeds and fertilizer for promoting the conventional farming. We got more than 500 above seeds and 200 above plants. This help goes to the remote area farmers and selected Kolping members. So this made some attitudinal changes and productive impacts in the selected village people.

#### **4.c KOLPING DAY CELEBRATION**

The Kolping day celebrated in regional level .The Kolping members gathered together in their region level in Payangadi ,Iritty,Mudikanam, Poovam, PUNCHAKAD and Burnassery and conducted different programmes such as, Holy mass, Public function, Cultural programs. The director of KAIROS, Regional directors and Forane vicars and Panchayath president of Pariyaram, Cherukunnu,and ward members also participated in the public functions .

### **5.KERALA LABOUR MOVEMENT**

Kerala Labour movement works for the welfare and empowerment of the workers especially the unorganized workers in Kerala . The Enhanced dignity of the labour through the proper dissemination of the labour rights, labour justice and labour responsibility is the major objective of the KLM programmes. During the reporting period KLM Kannur got involved in different activities such as training programmes, Kshemanidhi works and May Day celebrations. For the tailoring unit we have enrolled 85 new members and renewed 60 members for the same. Likewise in shops and other commercial establishments we have enrolled 15 new members and renewed 405 members and in total we have 739 members. So far 2 marriage assistance claims were given under the Shops and tailoring unit. KLM observed May Day at Kannur. Mr.Sajeev Joseph MLA inaugurated the public meeting Presided by Rt. Rev. Dr. Alex Vadakumthala, Bishop of Kannur Diocese.

## **6.NATURAL RESOURCE MANAGEMENT**

Natural resource management refers to the management of resources such as animals, plants, soil, and land to improve the quality of life. The team focuses on how nature could be protected through various awareness classes and activities relating to safeguard nature. KAIROS mainly focused on conservation and preservation of environment. Every activity was implemented after the environment impact assessment.

## **7. JALJEEVAN PROGRAMMES**

To provide FHTC (Family House Hold Tap Connection) to every rural house hold, to provide functional tap connection to Schools, Anganwadi centers, GP buildings, Health center's, wellness centers and community buildings and to empower and develop human resource in the sector such that the demands of construction, plumbing, electrical, water quality management, water treatment, catchment protection, O&M, etc. are taken care of in short and long term. We have service in six Panchayath of Kannur district such as Azhikode, Pattuvam, Ezhome, Cheruthazham, Mattool and Madai and we conduct various trainings at different levels .The Panchayath officials are board members, consisting of Anganvadi workers, School teachers, students, Kudumbasree members, Political leaders and social workers .We have conducted different Trainings in six Grama Panchayath.

### **7.a World water day**

World water day was observed in 6 Panchayaths. We conducted two competitions, one for school children and the other for public. School children's topic for the painting competition was related to water awareness. The theme for public completion was best mobile photography related to importance of water. More the 28 persons participated from each Panchayath.

### **7.b.Orientation to GP Board members**

a.Conducted the orientation training for GB board members, Key stake holders, Anganvadi workers and SHG and Kudumbasree leaders.

b.Water quality test training conducted to the selected Kudumbasree members in each Panchayath collaboration with KRWSA Kannur .

c.The Calendar, clip boards, leaflets were distributed to all the Govt. departments of the Panchayath, Schools ,Anganvadi ,Public reading rooms

4.Distributed the Flip book and charts for School students in 10 schools of the Panchayath in each Panchayath

5. Formed 10 Jalasree students club in 10 schools in each Panchayath

All the programs conducted in Panchayath level were related to water

As a result of the programs public became more aware about the usage of water and ways to save water.

## **8. INCOME GENERATION PROGRAMS – BANK LOAN FROM DHANALAKSHMI**



Income Generation refers to the process of generating income through various activities. It involves activities that aim to increase the economic value and consumer appeal of a product or services there by creating opportunities for financial gain. Financial support was arranged with the financial institutions especially with

Dhanalakshmi bank through linkages and lobbying. We provide the loan facilities to SHG members through SHG in nominal rate. The loan distribution program was inaugurated by Mr. Sijo .Joseph Regional Manager Dhanalakshmi Bank Kozhikode. Presided by Mrs. Mercy E.P. RDO Taliparamba.



## **9. ASAKIRANAM PROGRAM**

Cancer protection campaign initiated by KAIROS with the support of Caritas India. During this period different programs were conducted in central level and village level.

### **9. a. Breast Cancer Awareness program.**

Breast Cancer Awareness program was conducted in Cherukunnu Bakketha Hall with support of Caritas India and Malabar Cancer care Society Kannur. The Program was inaugurated by Mr. Vijil MLA of Kalliasseri LAC. Rev. Fr. George Mathew Director KAIROS presided over the function.



The awareness class was conducted by Dr.Harsha Gangadaran –Medical Officer Cancer Care Society. She pointed out the importance of understanding the disease, adopting healthy food habits and spreading awareness to others about the same. Young girl students were the participants and the class was very beneficial to them.

### **9.b. Cancer day Observation**

Cancer day was observed on 08th Feb.2023 at St. Joseph College Pilathara. During the public function Nutrition Kits were distributed to the Cancer Patients. The Program was inaugurated by FilmDirector Mr. Lal Jose and 170 Nutrition Kits were distributed by Most Rev. Dr. Alex Vadakkumthala , Bishop of Kannur in the presence of Mrs. P.P. Rohini Vice President Cheruthazham GP and Msgr.Clarance Palaith –Vicar General Kannur Diocese.



## **10. WOMEN'S DAY PROGRAM.**

International women's day was observed on March 8<sup>th</sup> 2023 at St. Joseph's College



auditorium, Pilathara. Mrs. Molly Antony, Federation president, Pilathara Region, presided over the function and was inaugurated by Mrs. E P Mercy, RDO Taliparamba. Mrs. Sherly Stanly, State President KLCWA inaugurated 'Sajeevam' Anti-Drugs Campaign of Caritas India and took the Oath on Anti-Drugs during the ceremony. The best entrepreneur award was given to selected candidates of each Region and mementos were handed over to them.



## **11.SOCIAL IMPACT ASSESSMENT STUDY**

Social Impact study is a process for the identification, analysis, Assessment, Management and monitoring of the potential social impact of a project both positive and negative .The KAIROS is an empaneled state level agency for social Impact study. We have conducted several social impact study all over Kerala and submitted the reports to concerned District Collectors. Major projects undertaken during this year

- New Bridge at Valiyapalam Kozhikode,
- Cheruvannur Kolathra I Kozhikode,
- Cheruvannur Kolathra II Kozhikode
- Perigathoor - Kanhirakadavu Kannur
- 110 KV substation Pantheeramkavu Kozhikode
- Pantherpadam road Junction Kozhikode.
- Chembukadavu Bridge Kozhikode
- Cheruvannur - Kolthara III Phase Kozhikode.



## **12.MIGRANTS PROJECT CHARIS**

Charis is a program for Migrant's welfare supported by Caritas India and implemented by KAIROS Kannur. Traditionally, most of the migrant workers in Kannur came from, Tamil Nadu, Uttar Pradesh, Assam, Bihar, Bangal and Orissa. The aim of this project is to improve Migrant's living conditions and develop socio-economic status and to provide support services for migrant workers to address their problems and needs. Also the project ensured Safety and Health, Security of Migrant Workers and wellbeing. Despite their contribution to the economy, they are often unrecognized and under rated. Further, they face lot of challenges in accessing health services and vaccination, health check-ups etc. Majority of the migrant workers are unaware about the vaccination process through the Covid Portal. Hence, through this project Caritas India and KAIROS Kannur aimed to provide free vaccination service, health check-up (9camps), health insurance to selected 160 family heads, Medical kits (395nos), health awareness class to selected migrant workers in Kannur district.



## **13. SAJEEVAM ANTI- DRUGS CAMPAIGN**

Sajeevam is an Anti -drugs programmes for school students and youth collaborated by KSSF and Caritas India. We conducted the Anti- drugs awareness class to all targeted areas. More than 1500 above people are participated and gained knowledge regarding the current issues. The classes were led by Excise department officers of Kannur District.





## **14.YOUTH EMPOWERMENT PROGRAM**



We conducted the Youth Empowerment 3day residential training associated with Indian Social Institute Bangalore and selected 35 Youth from our operational areas.

Three other NGO's - Susthira, Samskrithi, NKDCF were part of this collaboration .The duration of the training was two years. The training was conducted by different NGO's on a quarterly basis. The Major topics that were covered were self and society, Peoples

Entitlements, understanding and reducing vulnerabilities. The sessions were led by popular trainers like Mr.PredeepMalooth, Rev.Fr.Antony, Adv.Binoy Kurian, Mr.K.V.Chandran,Adv.Prasanna Manikandan and Mr.Mohan George .Practical sessions and field visit were also included in this training .The selected youth were motivated and it helped in developing their capacity. Most of the participants updated their knowledge and practiced in their respective fields.



### **Conclusion:**

In conclusion, the past year has been marked by significant achievements and notable challenges. We have successfully navigated through a dynamic economic landscape, adapting our strategies and serving mankind to our best possible way.

We will continue to prioritize operational excellence, sustainable practices, and the development of our talented workforce. By staying agile and responsive, we aim to achieve sustainable growth and create an impact on the society.

I extend my sincere gratitude to our dedicated team, supportive partners, and to all the people who are associated with us for their unwavering trust and collaboration. Together, we will build on our achievements and to reach out to more people in the future.

**Fr.George Mathew**  
**Director-KAIROS**

THANK YOU